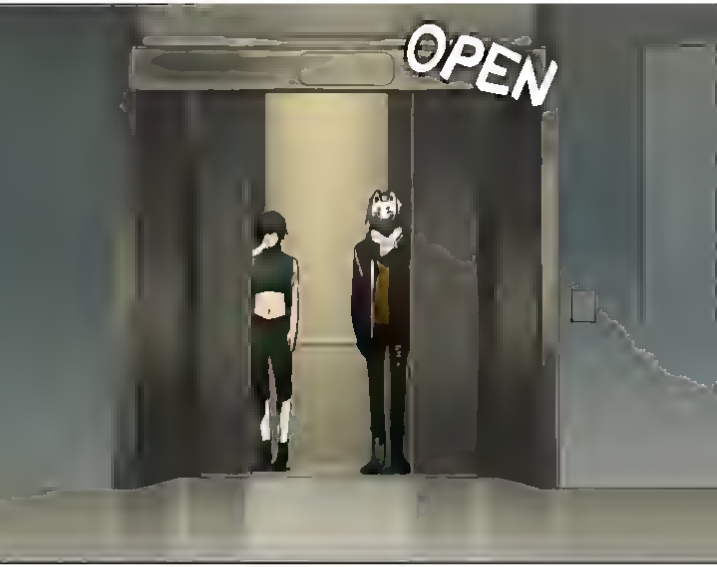
catharsis

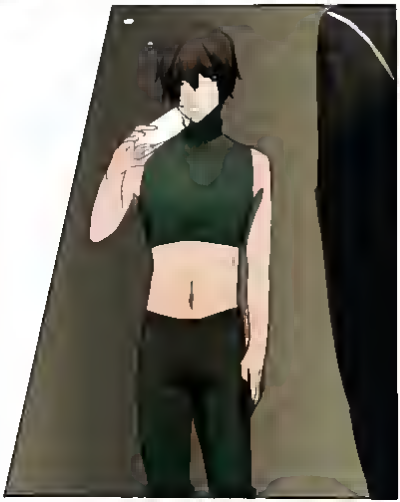
By: Ahniki

BEEP

BEEP
BEEP
PING!



WOW... HE REALLY DID GET ME BREAKFAST...



I'M STILL TRYING TO GET USED TO WEARING PRACTICALLY NOTHING.

!!

WOAH!

OH! THE NEWBIE IS HERE.
SO HE'S LEON...

I'm Shion. And that's Hiro.
Hey.
So Harvey tells us that you're in dire need of some basic training.

AH... YES...

I WONDER WHAT KIND OF TRAINING I'LL DO HERE... MARTIAL ARTS?...

THAT WOULD BE PRETTY COOL.

AH... I SEE, I SEE.

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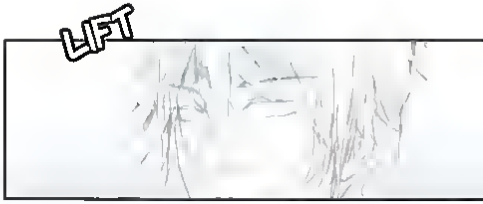


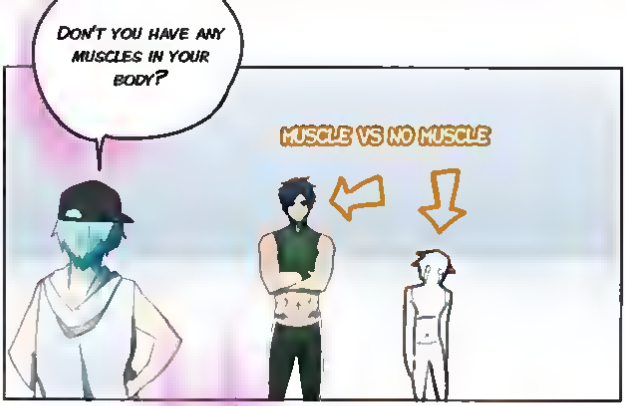
GYAHHHHHH!!

OW OW OW OW! WH-WHAT ARE YOU DOING?

HELPING YOU STRETCH YOUR BODY.

YOU GOT REALLY BAD POSTURE. CAN'T YOU ROLL YOUR SHOULDERS BACK? JEEZE.

I'M A LITTLE JEALOUS OF HOW SOFT AND LIGHT YOU FEEL THOUGH-



YOU'RE SO SCRAWNY!

I WAS SURPRISED WHEN IRIS TOLD ME THAT YOU RECOVERED SO QUICKLY. I GUESS THAT'S THE REMH ROOM FOR YOU...

SO WHO ARE YOU EXACTLY?

YOU HAVE HARVEY AND IRIS PERSONALLY TAKING CARE OF YOU AND THEN WE GET DRAGGED INTO IT TO TRAIN YOU

I MEAN SURE, THEY'RE NICE, (ESPECIALLY HARVEY) BUT IT'S NOT EVERYDAY THAT THE ELITES TAKE SOMEONE UNDER THEIR WING.

AND YOU'RE JUST SOME NORMAL GUY TOO!

Huh? Isn't Harvey going to be the one training me?
Shion, stop prying.
Harvey should be on the way soon Your recruitment was pretty weird, so he was probably doing double the paperwork.
He told us to proceed in the meantime

Now that we cleared that up, are there any more questions you have? Training will be intense and we need your mind to be clear and 100% focused.
Buu! Hiro is no fun! Meeehhhhh.
RUB
RUB
So...what kind of training? Is it like combat or something?

Not really... You're not fit to fight Timorem right now without your fortitude.

In normal cases, we recruit people who have obtained their fortitude by defeating their own timorem in a defaeco and start off with combat training in the beginning.

From what we've been told, you're a normal guy who doesn't seem to have any major problems right now and probably won't even need catharsis.

The only reason why you're here is because of your ability to phase through veils--which is pretty much unheard of.

From what we know, only timorem, husks, and veil casters are the only ones who have that ability. And you belong to none of those categories... How mysterious.

SO WE'LL BE FOCUSING ON YOUR MENTAL TRAINING AND MOBILITY RATHER THAN COMBAT FOR NOW. YOU'VE GOTTA LEARN TO KEEP YOUR COOL DURING THE MOST STRESSFUL AND FEARSOME SITUATIONS AND KEEP CONTROL OF YOUR MIND.

YAAAAS!
MOVIE TIME!

ALRIIIIGHT.
TIME FOR SOME
INTENSE TRAINING.
.....
?

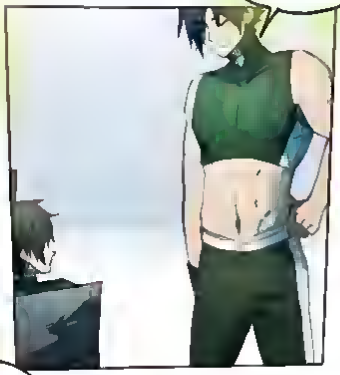
..MOVIE?

YEAH. LIKE I TOLD YOU, SINCE YOU'RE RELATIVELY NORMAL, YOU DON'T SEEM TO HAVE ANY PROMINENT ISSUES FOR US TO ACTUALLY SUMMON OUT OF THROUGH A VEIL. SO WE'RE GOING TO TEMPORARILY CREATE ONE FOR THE TIME BEING.

WE HAD TO ASK LIKE 50 PEOPLE TO LEND US SOME EXTENSION CORDS FOR THIS. SO IT BETTER WORK!

WE'LL PUT UP THE VEIL AS SOON AS WE KNOW YOU'RE READY. WHEN THE TIME COMES, YOU NEED TO FOCUS ON TWO THINGS.

1. CONTROL YOUR BREATHING



R NO MATTER WHAT HAPPENS. CONTROL YOUR BREATHING.

WHAT YOU ENCOUNTER WILL TRIGGER THE ADRENALINE IN YOUR BODY AND SEND YOU INTO FIGHT OR FLIGHT MODE.

You won't be able to think. Your mind goes blank, and your body will try to react impulsively. During this time, focus on inhaling and exhaling. Stay in control.

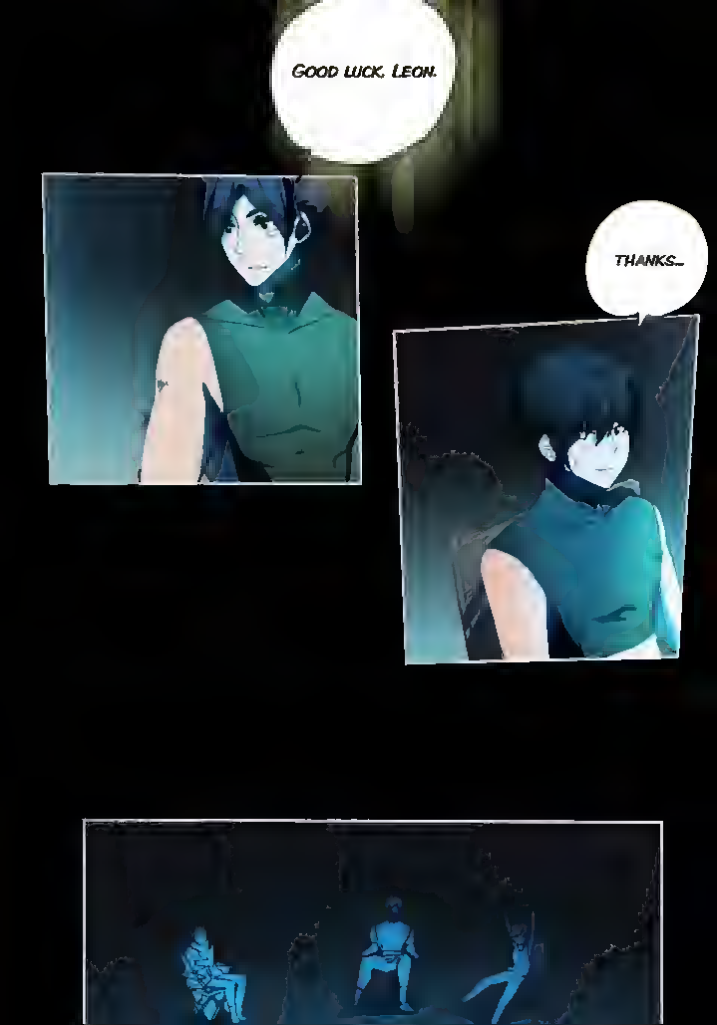
Take some time for yourself, but make sure that you aren't a sitting duck at the same time.

Remember, this veil is being channeled through you. Whatever you encounter within it, you must overcome by your own strength.

We're here to guide you and tell you what you need to know. I can't guarantee that you won't get hurt but we'll do our best to make sure you don't actually die.

Ultimately, you're the one who's in control of what happens on the inside and what trials you put yourself through--No matter what you face.

Hey Hiro! Sit down already. The movie is starting.


GOOD LUCK, LEON.
THANKS...

ALRIGHT... WELL.
HOW BAD COULD THIS BE?
I MEAN... THEY'RE MAKING ME WATCH SOME HORROR FILM FOR TRAINING.
THE WORSE I WOULD EXPECT WOULD BE SOME JUMPSCARES EVERY NOW AND THEN. CHEAP MOVIE THRILLS AREN'T ENOUGH TO REALLY MAKE SOMETHING

--IS WHAT I REALLY HOPED AS THE MOVIE STARTED.

LINE Webtoon